

FVTC ACTIVITIES
ACKNOWLEDGMENT AND ASSUMPTION OF RISKS & RELEASE AGREEMENT

Date: _____ Activity: _____

PLEASE READ THIS ENTIRE DOCUMENT CAREFULLY BEFORE SIGNING. All participants must sign this Document.

For participants under 18 yrs. of age, parents or legal guardian/s must also sign. In consideration of the services of the Farmington Valley Trails Council, a charitable, not-for-profit corporation, organized and existing under the laws of the State of Connecticut, including all officers, directors, employees, representatives, agents, independent contractors, volunteers, members and all other persons or entities associated with it (collectively referred to in this document as 'FVTC'), I (participant and parents of a minor participant) acknowledge and agree as follows:

FVTC recreational activities may include, but are not limited to hiking, biking, maintenance of trails and facilities and transportation or travel to and from activities. The leaders of these activities are volunteers. They are not paid professional leaders. In all activities, all participants share in the responsibility for their own safety and the safety of the group. I UNDERSTAND THAT HELMETS AND OTHER SAFETY EQUIPMENT CAN PREVENT SERIOUS INJURY AND I AGREE TO WEAR A HELMET AND OTHER APPROPRIATE SAFETY EQUIPMENT WHILE PARTICIPATING IN THIS EVENT. Participants (and parents of minors) take responsibility for having appropriate skills, physical conditioning, equipment and supplies for these activities.

These activities include inherent and other risks, hazards and dangers that can cause or lead to injury, property damage, illness, mental or emotional trauma, paralysis, disability or death to participants or others. Some, but not all of these risks include: falling, collisions with other bicyclists, motor vehicles or stationary objects; weather conditions, the condition of roads or trails; misjudgments made by leaders, co-leaders, participants or others; the potential that the participant or others may act carelessly or recklessly. I understand that FVTC cannot assure my safety or eliminate any of these risks. I am voluntarily participating with knowledge of the risks. I agree to abide by the rules of the event as established by the promoting organizations and to obey the rules of the road and rail trail. Therefore, participants (and parents of minors) assume and accept full responsibility for the inherent and other risks (both known and unknown) of these activities, and for any injury, damage, death or other loss suffered by participant, resulting from those risks, and/or resulting from participant's negligence or other misconduct.

In the event I (participant and/or parents of a minor participant) am in an accident, collision or impact with any other object or person, 911 may be called to have Emergency Medical Services (EMS) evaluate me. Support and Gear (SAG) personnel or ride director(s) on or off the incident scene or other participants may call 911 against my wishes at their discretion. I understand the role of SAG personnel is to assist participants during the FVTC event to the extent of their own training, equipment, and ability. I further understand that SAG personnel possess no specialized medical or first aid training. The SAG vehicle will not be used to transport riders to medical centers or hospitals during or after the FVTC event. The SAG vehicle will only transport me back to the ride start/finish after the duties of the SAG have concluded. At the discretion of the SAG personnel and/or ride director(s) on or off the incident scene, my emergency contact will be contacted and will be required to transport me if I refuse 911 being called or refuse treatment from EMS.

I (adult participant, and/or parents for themselves and for and on behalf of their participating minor child) agree to release and not to sue FVTC (as FVTC is defined above) in regard to any and all claims, liabilities, suits, or expenses (including reasonable costs and attorneys' fees) (hereafter collectively 'claim' or 'claim/s'), including claim/s resulting from FVTC's negligence (but not its intentional or reckless misconduct), for any injury, damage, death or other loss to me or my child, in any way connected with my or my child's enrollment or participation in these activities. I understand I agree here to waive all claim/s I or my child may have against FVTC, and agree that neither I, my child, or anyone acting on my or my child's behalf, will make a claim against FVTC.

PARTICIPANT AND PARENT/S OF A MINOR PARTICIPANT AGREE: I HAVE CAREFULLY READ, UNDERSTAND AND VOLUNTARILY SIGN THIS DOCUMENT AND ACKNOWLEDGE THAT IT SHALL BE EFFECTIVE AND BINDING UPON ME, MY MINOR CHILDREN AND OTHER FAMILY MEMBERS, AND MY HEIRS, EXECUTORS, REPRESENTATIVES AND ESTATE. Parents must sign below, both in their capacity as a participant, and as parents of any minor child identified below.

I HAVE READ AND ACKNOWLEDGE COVID-19 RISKS PERTAINING TO PUBLIC ACTIVITIES AS STATED ON THE **'Acknowledgement of COVID-19 Risk Form'**

Check if under 18	Participant Name:	Signature/Date: (parents/guardian if minor)	Emergency Name & Contact Number