

# Farmington Canal Heritage Trail & Farmington River Trail



- Farmington Canal Heritage Trail
- Farmington River Trail
- Proposed Route
- Greenway Construction
- with Wheelchair Access
- Mile Marker
- Points of Interest
- Water Fountain
- Paved Trail Surface
- Gravel Trail Surface
- Bike Rider on Surface
- Bike Repair Station
- Mile Repair Station
- South to West



Mileages are based on the actual and proposed route of the trail. Actual mileage may vary slightly.

For temporary on-road portions of trail see East Coast Greenway Maps at [greenway.org/maps](http://greenway.org/maps)



## RIDE THE LOOP

This 28-mile ride on the Farmington Canal Heritage Trail and the Farmington River Trail passes through six towns including the centers of Unionville, Collinsville, and Simsbury. One of the most picturesque (and only) loop trails in New England, it follows the Farmington River as it flows past historic sites. The town centers offer opportunities to eat, shop, and relax along the way. Mostly flat, there is one short climb and descent in northern Canton on the approximately 3-mile on-road portion, which uses quiet back roads and two stone-clust trails through a state forest and park before rejoining the Farmington Canal Heritage Trail.

Mileage Indicators Shown in Orange: Begin at Red Oak Hill Road, Farmington (Mile #0) and Run North to the CT/MA Border (Mile #22) and along the route of the FRT to mile 11.2 in Simsbury.

