

Pavement markings

16th Annual TRAiLS-in-MOTION FARMINGTON VALLEY TRAILS COUNCIL

- ♦ FOLLOW WHITE PAINTED ARROWS WITH "TM" ONLY
- ♦ HELMETS ARE REQUIRED TO AVOID SERIOUS HEAD INJURIES
- ♦ RIDES START FROM IRON HORSE BLVD. & MALL WAY



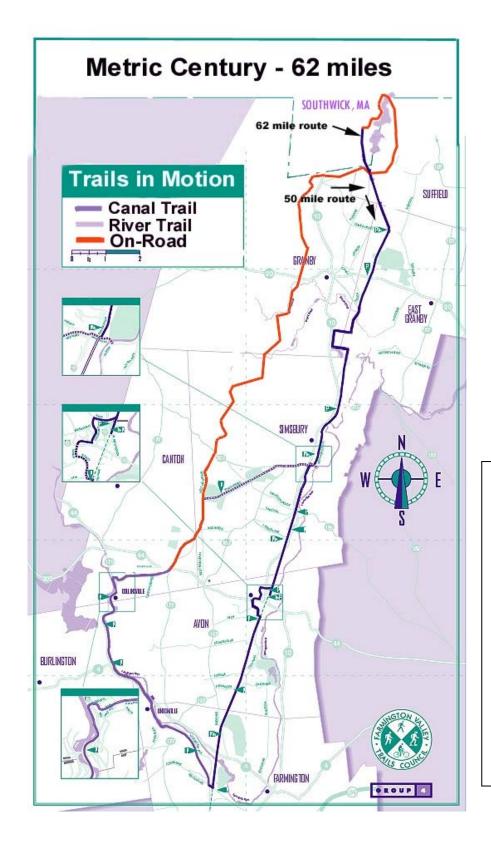
50-Mile Ride & Metric Century (reverse after 39.9 m)

25m ST cross Drake Hill Rd. WATCH FOR RAFFIC. ST Stockholm ST ST ST ST ST ST ST S	Mile	Dir	Road Info/Description		Mile	Dir	Road Info/Description
Semilar Semi		R	onto TRAIL ® at Iron Horse Blvd.		3m/22.4m		at the stop sign, go straight on Lawton, and up a
R onto Drake Hill Rd. Sidewalk 36m L onto RT 10 Sidewalk and across bridge at Ensign Bickhord/Nobel 59m/99m ST onto TRAIL © not Art 10 Sidewalk and across bridge at Ensign Bickhord/Nobel 59m/99m ST onto TRAIL © not Art 10 Sidewalk and across bridge at Ensign Bickhord/Nobel 59m/164m ST cross business drive at light [use ped button] 12m/2.8m R not all goes R at the bottom of the hill 2m/2.8m R not all goes R at the bottom of the hill 2m/2.8m R not sign at the bottom of the hill 2m/2.8m R not Sign English Sign Sign Sign Sign Sign Sign Sign Sign	.25m	ST		.0	6m/23m	R	at the stop sign, turn R. on Dry Bridge Rd. at
Som		R			3m/23.3m	L	down the hill CAREFULLY!! at the stop sign,
Som	.36m	L		-	3m/23.6m		
69m1 L 64m ST cross business drive at light [use ped. button]	.59m/.95m	ST			3m/23.9m	L	
ST cross RT 10 at commuter lot to trail head onto Sand Hill Rd.	.69m/1.64m	ST	cross business drive at light [use ped. button]	1	.9m/25.8m	ST	
Sand Hill Rd. X USE PEDESTRIAN BUTTON LOOK FOR MARSHAIL. BI Into TRAIL. BI Into TRAIL. BI Into TRAIL. BI REALL splits to Sperry Park PREST STOP* FACILITIES SI I come of Fisher Drive BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Ensign Road to continue on IRAIL. BJ L come of Fisher Drive BJ L c	1.2m/2.8m	R	trail goes R at the bottom of the hill	0).2m/26m	L	onto Westledge Rd. to Hedge Hog Rd.
Note Standle Ridge Drive to Lenora Drive. Sm25 9m Lonto Staddle Ridge Drive to Lenora Drive. Sm27 7m R		ST		0	0.1m/26.1m	R	onto Hedge Hog Rd. to Saddle Ridge Dr.
SL and TRAIL Φ		X	USE PEDESTRIAN BUTTON – LOOK FOR	.:	8m/26.9m	L	onto Saddle Ridge Drive to Lenora Drive.
ST STOP FACILITIES		BL] .	8m/27.7m	R	onto Lenora Dr to Old Farms Rd
ST cross RT10 and follow TRAIL @ along left side of Fisher Drive BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Bissign Road . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Bissign Road . BH. at corner of Fissign Road to Continue on IRAIL . BH. at corner of Bissign Road . BH. at corner of Bissign	1.3m/4.1m	BR		0	0.4m/28.1m	L	onto Old Farms Rd. to Briarwood Rd.
B.L at corner of Ensign Road to continue on IRAIL.®		ST	cross RT10 and follow TRAIL ® along left	1	.2m/29.3m	R	onto Briarwood Rd. to Firetown Rd.
0.7m/4.8m R		BL	at corner of Ensign Road to continue on	0	0.5m/29.8m	R	onto Firetown Rd.
Cam/5.mm R 50 - Darling Drive in Avon Park South Cam/5.5mm R 50 - Darling Drive in Avon Park South Cam/5.5mm ST 50 - cross onto Arch Road to top of hill; BI into TRAIL entrance - 50 Cam/5.5mm ST 50 - cross onto Arch Road to top of hill; BI into TRAIL entrance - 50 Cam/5.5mm ST Strugght to Brickyard Road on Trail *REST STOP* a parking lot in Burlington Cam/10.2mm ST Strugght to Brickyard Road on Trail *REST STOP* a parking lot in Burlington Cam/10.2mm ST Cross New Britain Avenue Cam/12.3mm ST Cross RT 177 at pedestrian activated light Cam/12.3mm ST Cross RT 177 at pedestrian activated light Cam/12.3mm ST Cross RT 177 at pedestrian activated light Cam/12.3mm ST Cam/12.3mm	0.7m/4.8m	R	onto Climax Heights - ® - in back of Avon	0).1m/29.9m	L	onto Holcomb ST to Simsbury Rd
0.1m/5.1m				1	.2m/31.1	L	onto Simsbury Rd., to Barndoor Hills Rd
0.4m/5.5m ST \$\tilde{\text{\$\infty}\$ - cross onto Arch Road to top of hill; BL into TRAII. entrance - \$\tilde{\text{\$\infty}\$}\$ New York for traffic crossing Country Club, Scoville and Thompson 0.5m/35.5m 0.5m/35.	0.2m/5m	R	® - Darling Drive in Avon Park South	0	0.6m/31.7m	R	onto Barndoor Hills Rd to RT 20
0.4m/5.5m ST ② - cross onto Arch Road to top of hill; BL into TRAIL entrance - ③	0.1m/5.1m	L	® - Security Drive	2	2.5m/34.2m	ST	across RT 20 onto Bushy Hill Rd
Name St. Secoville and Thompson St. Straight to Brickyard Road on Trail *REST STOP* at parking lot D.1m/10.2m ST B - continue on Trail to end at Red Oak Hill Road D.1m/10.3m R On sidewalk path to New Britain Avenue O.1m/10.3m R On sidewalk path to New Britain Avenue O.1m/10.3m ST Cross New Britain Avenue Composition Cross New Britain Avenue O.1m/13m ST Cross RT 177 at pedestrian activated light O.1m/13m ST Cross RT 177 at pedestrian activated light O.1m/13m R B Onto RT 177 S back up to Trail Head O.1m/13m ST Cross RT 177 at pedestrian activated light O.1m/40m R Conto RT 177 S back up to Trail Head O.1m/40m O.1m/40m R Conto RT 177 S back up to Trail Head O.1m/40m R Conto RT 4 (Farmington Avenue) to avoid the impassible trail in Burlington O.1m/40m ST Cross RT 100 and LEFT onto Quarry Rd to Phelps Rd and L after underpass or *METRIC CENTURY (see reverse side) O.1m/40m ST Conto RT 4 (Farmington Avenue) to avoid the impassible trail in Burlington O.1m/40m ST Cross RT 189 O.1m/40m O.1m/40	0.4m/5.5m	ST	® - cross onto Arch Road to top of hill; BL	0	0.8m/35m		onto Kelly Lane to *REST STOP* FACILITIES
3.5m/9m ST Straight to Brickyard Road on Trail *REST STOP* at parking lot STOP* at parking lot Road O.1m/10.3m Road O.1m/10.3m Road O.1m/10.3m Road O.1m/10.3m ST Cross New Britain Avenue O.1m/36.4m C.5m/10.2m Road O.1m/36.4m C.5m/10.2m Road O.1m/36.4m C.5m/10.2m Road O.1m/36.4m C.5m/10.2m Cross RT 177 at pedestrian activated light O.1m/36.4m C.5m/10.2m Cross RT 177 at pedestrian activated light O.1m/31.1m Road O.1m/40m C.5m/39.9m C.5m/39.9m C.5m/39.9m D.5m/39.9m		X	Watch for traffic crossing Country Club,	0	0.5m/35.5m	L	onto Creamery Hill Rd
1.2m/10.2m ST β - continue on Trail to end at Red Oak Hill Road 0.1m/10.3m R on sidewalk path to New Britain Avenue ST Cross New Britain Ave. enter Trail Head - follow Trail to end 0.1m/36m ST Across RT 189 onto Sakrison Rd to Wells Rd 0.4m/36.4m L onto Wells Rd to East St 0.1m/36m ST Across RT 189 onto East St. to RT 10 0.4m/36.4m L onto RT 177 St back up to Trail Head 0.4m/36.4m L onto RT 177 St back up to Trail Head 0.4m/36.4m L onto RT 177 St back up to Trail Head 0.4m/36.4m L onto Phelps Rd and L after underpass or **METRIC CENTURY (see reverse side) 0.1m/40m R R R R R R R R R	3.5m/9m	ST	straight to Brickyard Road on Trail *REST	0	0.1m/35.6m	R	onto North Church Rd
0.1m/10.3m R on sidewalk path to New Britain Avenue ST Cross New Britain Ave. enter Trail Head 0.4m/36.4m L onto Wells Rd to East St	1.2m/10.2m	ST	β – continue on Trail to end at Red Oak Hill	0	0.3m/35.9m	BR	staying on North Church Rd
2.6m/12.9m R β onto Plainville Avenue RT 177 N 1.2m/37.6m R onto East St. to RT 10	0.1m/10.3m	R		0	0.1m/36m	ST	Across RT 189 onto Sakrison Rd to Wells Rd
2.6m/12.9m R β onto Plainville Avenue RT 177 N 0.1m/13m ST Cross RT 177 at pedestrian activated light L onto RT 177 S back up to Trail Head 0.1m/13.1m R β onto Trail β onto Trail β onto Trail β onto Trail 1.2m/37.6m R onto East St. to RT 10 0.6m/38.2m BR & Cross RT 10 and LEFT onto Quarry Rd to Phele & Left Turn β onto Phelps Rd and L after underpass or ★METRIC CENTURY (see reverse side) 0.1m/40m R onto Brail & cross bridge above Phelps Rd to Copper Hill Rd 1.7m/39.9m L onto Phelps Rd and L after underpass or ★METRIC CENTURY (see reverse side) 0.1m/40m R onto Brail & cross bridge above Phelps Rd to Copper Hill Rd 1.7m/41.7m ST on β Trail across Copper Hill Rd to RT 20 1.6m/43.3m ST across RT 20 - CAUTION - traffic- to β Trail to RT 189 0.9m/44.2m ST across RT 189 - CAUTION - traffic- to β Trail to Floydville Rd - USE BUTTON 1.5m/45.6m L crossing Floydville Rd on β trail along RT 10-2 **REST STOP* FACILITIES** ST cross RT 179 onto onto trail avoiding Gildersleeve Ave. Use button, CAUTION ST & PUSH BOTTON & cross Maple St with R binkers working staying on trail 6m/21.3m ST staying on trail crossing Commerce Dr 3m/21.6m ST staying on trail crossing Canton Springs Rd Sm/22.1m BR staying on trail, sidewalk to intersection of RT 44, Lovely St. & Layton RD ST cross RT44 onto Lawton Rd. LOOK FOR MARSHALS BL = Bear Left BR = Bear Right		ST		0	0.4m/36.4m	L	onto Wells Rd to East St
L onto RT 177 S back up to Trail Head L I.7m/39.9m L onto Phelps Rd and L after underpass or *METRIC CENTURY (see reverse side)	2.6m/12.9m	R		1	.2m/37.6m	R	onto East St. to RT 10
Section Sec	0.1m/13m	ST	Cross RT 177 at pedestrian activated light	0			across RT 10 and LEFT onto Quarry Rd to Phelps Rd
0.1m/13.1m R β onto Trail R β onto Trail R β onto Trail β onto Trail β onto Trail β onto Trail β onto RT 4 1.5m/18m R R onto RT 4 (Farmington Avenue) to avoid the impassible trail in Burlington 1.2m/19m R onto Burlington Ave. – BR onto Trail β (Arch ST) Look for Marshal 1.5m/20.2m ST cross at Bridge Street continue on NEW Trail, ending at Old River Road 1.5m/20.7m ST & PUSH BOTTON & cross Maple St with Binkers working staying on trail crossing Canton Springs Rd ST ST ST ST ST ST ST S		L	onto RT 177 S back up to Trail Head	1	.7m/39.9m		
3.4m/16.5m BL follow Trail to parking lot in Burlington – leave trail up ramp to RT 4 1.5m/18m R onto RT 4 (Farmington Avenue) to avoid the impassible trail in Burlington 1.2m/19m R onto Burlington Ave. – BR onto Trail β (Arch ST) Look for Marshal 7m/19.7m BR over Collinsville bridge to Kayak Store *REST STOP* FACILITIES 5T cross at Bridge Street continue on NEW Trail, ending at Old River Road 5m/20.2m ST cross RT 179 onto onto trail avoiding Gildersleeve Ave. Use button, CAUTION 5m/20.7m ST & PUSH BOTTON & cross Maple St with blinkers working staying on trail 6m/21.3m ST staying on trail crossing Commerce Dr 3.m/21.6m ST staying on trail crossing Canton Springs Rd 5m/22.1m BR staying on trail, sidewalk to intersection of RT 44, Lovely St. & Layton RD 5m/22.1m ST cross RT44 onto Lawton Rd. LOOK FOR MARSHALS 1.7m/41.7m ST on β Trail across Copper Hill Rd to RT 20 1.6m/43.3m ST across RT 20 - CAUTION - traffic - to β Trail to Floydville Rd on β trail to Floydville Rd on β trail to Floydville Rd on β trail along RT 10-2 1.6m/47.2m ST across Wolcott Rd. staying on β trail 1.6m/47.2m ST across Wolcott Rd. staying on β trail 1.6m/47.2m ST across RT 315 onto Trail – β Watch Traffic! 1.1m/48.2m ST β – Cross RT 315 onto Trail – β Watch Traffic! 1.1m/49.3m ST β – Use marked walkway to bike lane on Iron 1.1m/49.3m ST β – onto Mall Way FINISH 1.2m/49.3m ST β – onto Mall Way FINISH 1.2m/40.2m ST β – ont	0.1m/13.1m	R	β onto Trail	0	0.1m/40m		R onto ß trail & cross bridge above Phelps Rd to
1.5m/18m	3.4m/16.5m	BL		1	.7m/41.7m	ST	
1.2m/19m	1.5m/18m	R	onto RT 4 (Farmington Avenue) to avoid the	1	.6m/43.3m		across RT 20 - CAUTION - traffic- to ß Trail to RT 189
Tm/19.7m BR over Collinsville bridge to Kayak Store	1.2m/19m	R	onto Burlington Ave. – BR onto Trail β (Arch	0).9m/44.2m	ST	across RT 189 – CAUTION - traffic - stay on ß
ST cross at Bridge Street continue on NEW Trail, ending at Old River Road 1.6m/47.2m ST across Wolcott Rd. staying on β trail	.7m/19.7m	BR	over Collinsville bridge to Kayak Store	1	.5m/45.6m		crossing Floydville Rd on β trail along RT 10-202
.5m/20.2mSTcross RT 179 onto onto trail avoiding Gildersleeve Ave. Use button, CAUTIONlm/48.2mSTβ – Cross RT 315 onto Trail – β Watch Traffic!.5m/20.7mST & PUSH BOTTON & cross Maple St with R blinkers working staying on trail1.1m/49.3mSTβ – Use marked walkway to bike lane on Iron Horse Blvd6m/21.3mSTstaying on trail crossing Commerce Dr0.9m/50.2mRβ – onto Mall Way FINISH.3m/21.6mSTstaying on trail crossing Canton Springs RdKey:β = Follow Bike Trail Signs.5m/22.1mBRstaying on trail, sidewalk to intersection of RT 44, Lovely St. & Layton RDL = Left TurnR = Right TurnSTcross RT44 onto Lawton Rd. LOOK FOR MARSHALSBL = Bear LeftBR = Bear Right		ST	cross at Bridge Street continue on NEW Trail,	1	.6m/47.2m	ST	across Wolcott Rd. staying on ß trail
Sm/20.7m ST & PUSH BOTTON & cross Maple St with R Dlinkers working staying on trail ST ST ST ST ST ST ST S	.5m/20.2m	ST	cross RT 179 onto onto trail avoiding	1	m/48.2m	ST	B – Cross RT 315 onto Trail – β Watch Traffic!
6m/21.3m ST staying on trail crossing Commerce Dr 0.9m/50.2m R β – onto Mall Way FINISH .3m/21.6m ST staying on trail crossing Canton Springs Rd Key: β = Follow Bike Trail Signs .5m/22.1m BR staying on trail, sidewalk to intersection of RT 44, L = Left Turn R = Right Turn Lovely St. & Layton RD ST cross RT44 onto Lawton Rd. LOOK FOR MARSHALS BL = Bear Left BR = Bear Right	.5m/20.7m		PUSH BOTTON & cross Maple St with	1	.1m/49.3m		
Sm/22.1m BR staying on trail, sidewalk to intersection of RT 44, L = Left Turn R = Right Turn		ST	staying on trail crossing Commerce Dr		0.9m/50.2m		β – onto Mall Way FINISH
Lovely St. & Layton RD ST cross RT44 onto Lawton Rd. LOOK FOR BL = Bear Left BR = Bear Right MARSHALS	.3m/21.6m	ST					β = Follow Bike Trail Signs
ST cross RT44 onto Lawton Rd. LOOK FOR BL = Bear Left BR = Bear Right MARSHALS	.5m/22.1m	BR		44, I	L = Left Turn		R = Right Turn
		ST	cross RT44 onto Lawton Rd. LOOK FOR	F	BL = Bear Le	eft	BR = Bear Right
				S	ST = Straight		U = U turn

Metric Century Ride -- 16th Annual TRAiLS-in-MOTiON

		Metric Century Ride 10
0.8m/40.7m	L	*Resuming from front side: AVOID dirt parking to trail. Continue on Phelps Rd onto Copper Hill Rd at stop
0.9m/41.6m	BR	Curving right staying on Copper Hill Rd
0.1m/41.7m	L	staying on Copper Hill Rd
0.5m/42.2m	L	At STOP onto Mountain Rd [RT 168] pass State line [crossing bridge] to Berkshire Ave
1.3m/43.5m	R	onto Berkshire Ave and follow to Point Grove Rd
0.4m/43.9m	R	At STOP - Staying on Berkshire Ave
0.8m/44.7m	L	At STOP – Staying on Berkshire Ave [keep Pine Rd on your R]
0.8m/45.5m	L	At STOP onto Point Grove Rd, Continue to R becomes Sheep Pasture Rd
0.9m/46.4m	R	Onto Depot St at T
.3m/46.7m	L	onto trail north to RT 57.
.7m/47.4m	R	Onto RT 57 [Feeding Hills Rd] to Powder Mill Rd.
1m/47.5m	R	Onto Fernwood Rd to Powder Mill Rd

Annual	TKA	AILS-IN-MOTION
.4m/47.9m	R	onto Powder Mill to Depot St.
Immediate	L	onto Trail ß to Congamaond Rd.
2.4m/50.8m	ST	across Congamond Rd. and continue 0.1 miles to *REST STOP* FACILITIES
1.5m/52.3m	ST	on ß Trail cross bridge above Phelps Rd to Copper Hill Rd
1.8m/54.1m	ST	on β Trail across Copper Hill Rd to RT 20
1.6m/55.7m	ST	across RT 20 - CAUTION - traffic- to ß Trail to RT 189
0.9m/56.6m	ST	across RT 189 – CAUTION - traffic - stay on ß trail to Floydville Rd.
0.8m/57.4m	R	Right staying on Trail ß at Floydville Rd.
0.6m/58m	L	crossing Floydville Rd on β trail along RT 10- 202
1.6m/59.6m	ST	across Wolcott Rd. staying on ß trail
1m/60.6m	ST	B – Cross RT 315 onto Trail to finish at Iron Horse Blvd β
1.1m/61.7m	BL	β – bear left onto Iron Horse Blvd.
0.9m/62.6m	ST & L	cross Iron Horse Blvd. and left into designated bike lane
62.6 Miles		100 Kilometers



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IN CASE OF EMERGENCY CALL START @

(860) 202-3928 (860) 593-4298

Southern Sag Wagon (860) 841-0620

Northern Sag Wagon (860) 614-7150

PLEASE REMEMBER

We share the road with others. Extend neighbors the same courtesy you expect by:

- ✓ Riding single file Exercise caution, be alert and an effective rider
- ✓ Obeying all traffic laws, lights, signs, etc.,
- ✓ Using voice and hand signals to let motorists and other riders know of your intentions
- ✓ Riding right and sharing the road with all vehicles. Announce your presence