



Pavement markings

16th Annual TRAILS-in-MOTION

FARMINGTON VALLEY TRAILS COUNCIL

- ◆ FOLLOW WHITE PAINTED ARROWS WITH "TM" ONLY
- ◆ HELMETS ARE REQUIRED TO AVOID SERIOUS HEAD INJURIES
- ◆ RIDES START FROM IRON HORSE BLVD. & MALL WAY



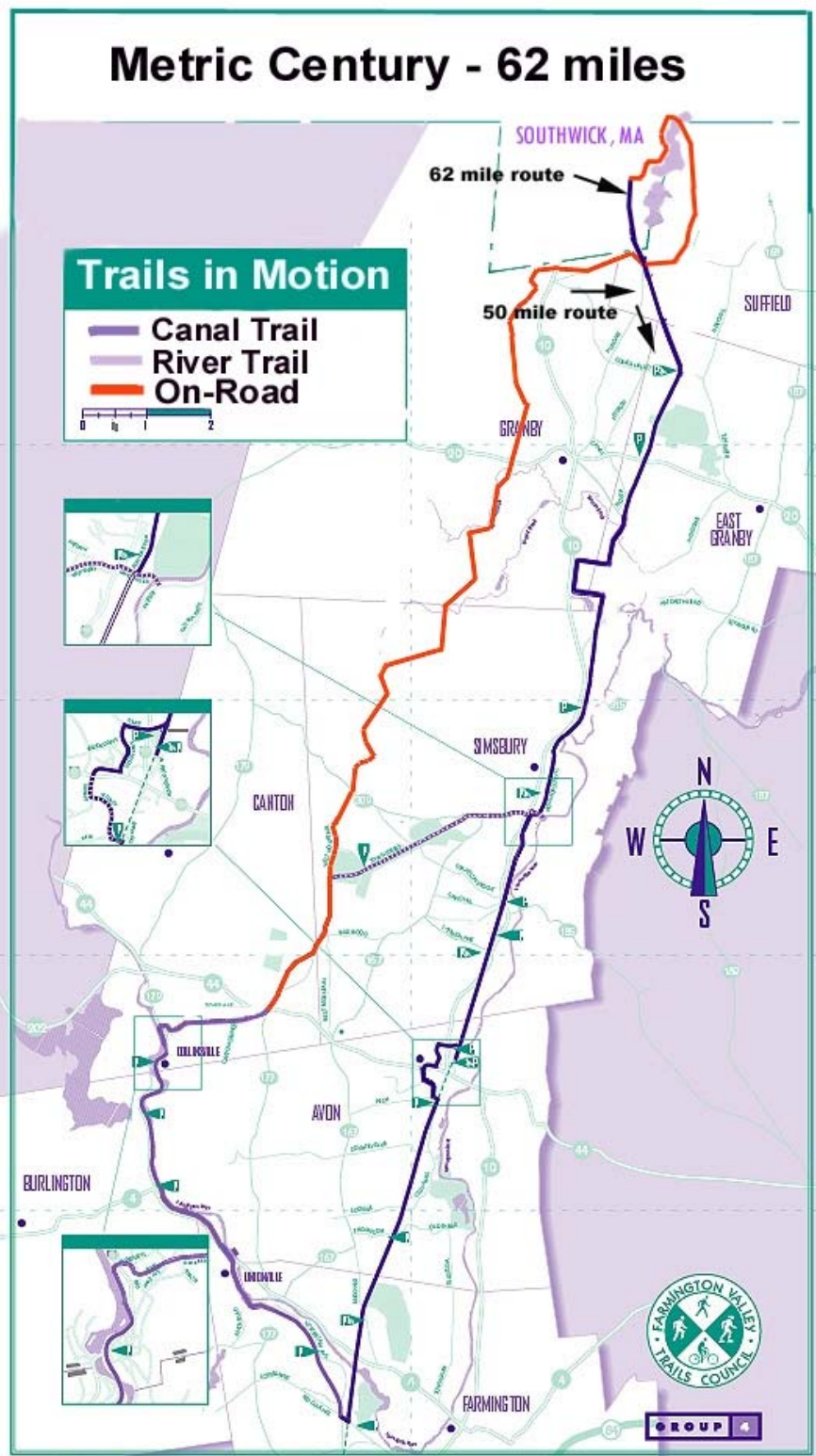
50-Mile Ride & Metric Century (reverse after 39.9 m)

Mile	Dir	Road Info/Description	Mile	Dir	Road Info/Description
	R	onto TRAIL ® at Iron Horse Blvd.	.3m/22.4m	ST	at the stop sign, go straight on Lawton, and up a little hill.
.25m	ST	cross Drake Hill Rd. WATCH FOR TRAFFIC!	.6m/23m	R	at the stop sign, turn R. on Dry Bridge Rd. at Bahre Corners
	R	onto Drake Hill Rd. Sidewalk	.3m/23.3m	L	down the hill CAREFULLY!! at the stop sign, turn left onto Notch Rd.
.36m	L	onto RT 10 Sidewalk and across bridge at Ensign Bickford/Nobel	.3m/23.6m	BL	at stop sign bear left to stay on Notch Road
.59m/.95m	ST	onto TRAIL ®	.3m/23.9m	L	onto West Mountain Rd. CAREFULLY AS TRAFFIC DOES NOT STOP!
.69m/1.64m	ST	cross business drive at light [use ped. button]	1.9m/25.8m	ST	onto Sugarloaf Cut Road
1.2m/2.8m	R	trail goes R at the bottom of the hill	0.2m/26m	L	onto Westledge Rd. to Hedge Hog Rd.
	ST	cross RT 10 at commuter lot to trail head onto Sand Hill Rd.	0.1m/26.1m	R	onto Hedge Hog Rd. to Saddle Ridge Dr.
	X	USE PEDESTRIAN BUTTON – LOOK FOR MARSHAL	.8m/26.9m	L	onto Saddle Ridge Drive to Lenora Drive.
	BL	onto TRAIL ®	.8m/27.7m	R	onto Lenora Dr to Old Farms Rd
1.3m/4.1m	BR	TRAIL splits to Sperry Park *REST STOP* FACILITIES	0.4m/28.1m	L	onto Old Farms Rd. to Briarwood Rd.
	ST	cross RT10 and follow TRAIL ® along left side of Fisher Drive	1.2m/29.3m	R	onto Briarwood Rd. to Firetown Rd.
	BL	at corner of Ensign Road to continue on TRAIL ®	0.5m/29.8m	R	onto Firetown Rd.
0.7m/4.8m	R	onto Climax Heights - ® - in back of Avon Police Station in Avon Park North; Follow TRAIL under RT44 tunnel.	0.1m/29.9m	L	onto Holcomb ST to Simsbury Rd
0.2m/5m	R	® - Darling Drive in Avon Park South	1.2m/31.1	L	onto Simsbury Rd., to Barndoor Hills Rd
0.1m/5.1m	L	® - Security Drive	0.6m/31.7m	R	onto Barndoor Hills Rd to RT 20
0.4m/5.5m	ST	® - cross onto Arch Road to top of hill; BL into TRAIL entrance - ®	2.5m/34.2m	ST	across RT 20 onto Bushy Hill Rd
	X	Watch for traffic crossing Country Club, Scoville and Thompson	0.8m/35m	L	onto Kelly Lane to *REST STOP* FACILITIES
3.5m/9m	ST	straight to Brickyard Road on Trail *REST STOP* at parking lot	0.5m/35.5m	L	onto Creamery Hill Rd
1.2m/10.2m	ST	β – continue on Trail to end at Red Oak Hill Road	0.1m/35.6m	R	onto North Church Rd
0.1m/10.3m	R	on sidewalk path to New Britain Avenue	0.3m/35.9m	BR	staying on North Church Rd
	ST	Cross New Britain Ave. enter Trail Head – follow Trail to end	0.1m/36m	ST	Across RT 189 onto Sakrison Rd to Wells Rd
2.6m/12.9m	R	β onto Plainville Avenue RT 177 N	0.4m/36.4m	L	onto Wells Rd to East St
0.1m/13m	ST	Cross RT 177 at pedestrian activated light	1.2m/37.6m	R	onto East St. to RT 10
	L	onto RT 177 S back up to Trail Head	0.6m/38.2m	BR & L	across RT 10 and LEFT onto Quarry Rd to Phelps Rd
0.1m/13.1m	R	β onto Trail	1.7m/39.9m	L	onto Phelps Rd and L after underpass or *METRIC CENTURY (see reverse side)
3.4m/16.5m	BL	follow Trail to parking lot in Burlington – leave trail up ramp to RT 4	0.1m/40m	R	R onto β trail & cross bridge above Phelps Rd to Copper Hill Rd
1.5m/18m	R	onto RT 4 (Farmington Avenue) to avoid the impassible trail in Burlington	1.7m/41.7m	ST	on β Trail across Copper Hill Rd to RT 20
1.2m/19m	R	onto Burlington Ave. – BR onto Trail β (Arch ST) Look for Marshal	1.6m/43.3m	ST	across RT 20 - CAUTION - traffic- to β Trail to RT 189
.7m/19.7m	BR	over Collinsville bridge to Kayak Store *REST STOP* FACILITIES	0.9m/44.2m	ST	across RT 189 – CAUTION - traffic - stay on β trail to Floydville Rd – USE BUTTON
	ST	cross at Bridge Street continue on NEW Trail, ending at Old River Road	1.5m/45.6m	L	crossing Floydville Rd on β trail along RT 10-202
.5m/20.2m	ST	cross RT 179 onto onto trail avoiding Gildersleeve Ave. Use button, CAUTION	1.6m/47.2m	ST	across Wolcott Rd. staying on β trail
.5m/20.7m	ST & R	PUSH BOTTON & cross Maple St with blinkers working staying on trail	1m/48.2m	ST	β – Cross RT 315 onto Trail – β Watch Traffic!
.6m/21.3m	ST	staying on trail crossing Commerce Dr	1.1m/49.3m	ST	β – Use marked walkway to bike lane on Iron Horse Blvd.
.3m/21.6m	ST	staying on trail crossing Canton Springs Rd	0.9m/50.2m	R	β – onto Mall Way FINISH
.5m/22.1m	BR	staying on trail, sidewalk to intersection of RT 44, Lovely St. & Layton RD	Key: β = Follow Bike Trail Signs R = Right Turn BR = Bear Right U = U turn BL = Bear Left ST = Straight		
	ST	cross RT44 onto Lawton Rd. LOOK FOR MARSHALS			

Metric Century Ride --16th Annual TRAILS-in-MOTION

0.8m/40.7m	L	*Resuming from front side: AVOID dirt parking to trail. Continue on Phelps Rd onto Copper Hill Rd at stop
0.9m/41.6m	BR	Curving right staying on Copper Hill Rd
0.1m/41.7m	L	staying on Copper Hill Rd
0.5m/42.2m	L	At STOP onto Mountain Rd [RT 168] pass State line [crossing bridge] to Berkshire Ave
1.3m/43.5m	R	onto Berkshire Ave and follow to Point Grove Rd
0.4m/43.9m	R	At STOP - Staying on Berkshire Ave
0.8m/44.7m	L	At STOP – Staying on Berkshire Ave [keep Pine Rd on your R]
0.8m/45.5m	L	At STOP onto Point Grove Rd, Continue to R becomes Sheep Pasture Rd
0.9m/46.4m	R	Onto Depot St at T
3m/46.7m	L	onto trail north to RT 57.
7m/47.4m	R	Onto RT 57 [Feeding Hills Rd] to Powder Mill Rd.
1m/47.5m	R	Onto Fernwood Rd to Powder Mill Rd

.4m/47.9m	R	onto Powder Mill to Depot St.
Immediate	L	onto Trail β to Congamaond Rd.
2.4m/50.8m	ST	across Congamond Rd. and continue 0.1 miles to *REST STOP* FACILITIES
1.5m/52.3m	ST	on β Trail cross bridge above Phelps Rd to Copper Hill Rd
1.8m/54.1m	ST	on β Trail across Copper Hill Rd to RT 20
1.6m/55.7m	ST	across RT 20 - CAUTION - traffic- to β Trail to RT 189
0.9m/56.6m	ST	across RT 189 – CAUTION - traffic - stay on β trail to Floydville Rd.
0.8m/57.4m	R	Right staying on Trail β at Floydville Rd.
0.6m/58m	L	crossing Floydville Rd on β trail along RT 10-202
1.6m/59.6m	ST	across Wolcott Rd. staying on β trail
1m/60.6m	ST	β – Cross RT 315 onto Trail to finish at Iron Horse Blvd. - β
1.1m/61.7m	BL	β – bear left onto Iron Horse Blvd.
0.9m/62.6m	ST & L	cross Iron Horse Blvd. and left into designated bike lane
62.6 Miles		100 Kilometers



☺ **RIDE RIGHT**
 ☺ **RIDE SMART**
 ☺ **RIDE SAFE**
 IN CASE OF EMERGENCY
 CALL START @
(860) 202-3928
(860) 593-4298
 Southern Sag Wagon
(860) 841-0620
 Northern Sag Wagon
(860) 614-7150

PLEASE REMEMBER
 We share the road with others.
 Extend neighbors the same courtesy
 you expect by:

- ✓ Riding single file – Exercise caution, be alert and an effective rider
- ✓ Obeying all traffic laws, lights, signs, etc.,
- ✓ Using voice and hand signals to let motorists and other riders know of your intentions
- ✓ Riding right and sharing the road with all vehicles. – Announce your presence