

# 16<sup>th</sup> Annual TRAILS-in-MOTION

FARMINGTON VALLEY TRAILS COUNCIL

- ◆ FOLLOW WHITE ARROWS WITH “TM” ONLY
- ◆ HELMETS ARE REQUIRED TO AVOID SERIOUS HEAD INJURIES
- ◆ RIDES START FROM IRON HORSE BLVD. AND MALL WAY

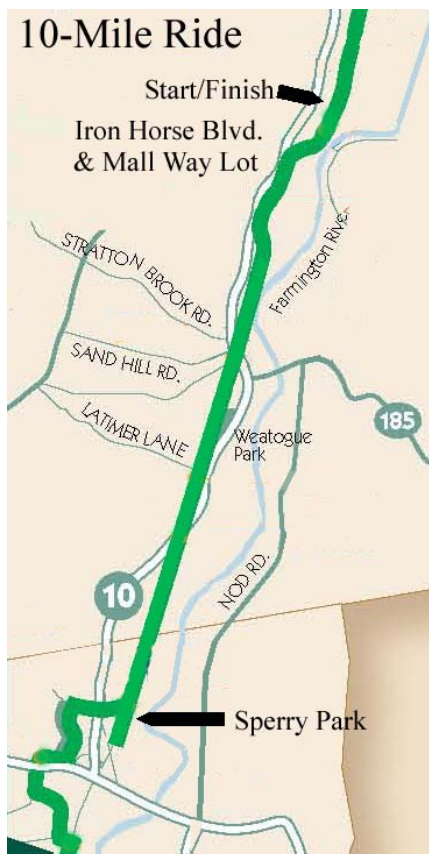


Pavement markings

## 10-Mile Ride

Mile	Dir	Road Info/Description
.05m	L&R	Mall Way, then R onto Iron Horse Blvd.
.25m	ST	cross Drake Hill Rd. WATCH FOR TRAFFIC!
	R	onto Drake Hill Rd. Sidewalk
.36m	L	cross bridge at Ensign Bickford/Dyno Nobel
.59m	ST	stay on TRAIL β
.69m	ST	cross business drive at light [use pedestrian button]
1.21m	R	trail goes R at the bottom of the hill
2.09m	ST	cross RT 10 at commuter lot to trail head onto Sand Hill Rd.
		USE PEDESTRIAN BUTTON – LOOK FOR MARSHAL
2.13m	L	onto TRAIL β
2.93m	ST	cross Latimer Lane
3.17m	ST	cross Old Canal Way
3.42m	ST	cross RT 10 WATCH FOR TRAFFIC!
3.66m	ST	cross entry road to Tower Office Park

Mile	Dir	Road Info/Description
4.54m	BR	Trail splits, Follow signs/R arrow white on green “BIKE ROUTE” to Sperry Park
		<b>*REST STOP* at Sperry Park</b> <b>Facilities are available – see below</b>
4.66m	L	at Sign Board across parking onto grass
	L	up hill to ball diamonds there are two portajohns at .1m and one at .2 m
		<b>TURN AROUND AND RETRACE YOUR PATH HOME</b>
	ST	onto RT 10 Sidewalk and across bridge at Ensign Bickford/Nobel
	R	onto Trail at Drake Hill Rd.
	L	onto Trail β at Iron Horse Blvd. WATCH FOR TRAFFIC!
	L	into Parking Lot Start/Finish at Mall Way
<b>TOTAL</b>		<b>9.32 miles</b>
<b>Key:</b>		<b>β = Follow Bike Trail Signs</b>
<b>L = Left Turn</b>		<b>R = Right Turn</b>
<b>BL = Bear Left</b>		<b>BR = Bear Right</b>
<b>ST = Straight</b>		



☺ **RIDE RIGHT**  
☺ **RIDE SMART** ☺ **RIDE SAFE**

IN CASE OF EMERGENCY CALL

**(860) 202-3928**

**(860) 593-4298**

**South Sag Wagon: (860) 841-0620**

**North Sag Wagon: (860) 614-7150**

**PLEASE REMEMBER**

We share the road with others:

- ☞ Ride single file and announce yourself loudly when passing pedestrians on the left.
- ☞ Obey all traffic laws, lights and signs.
- ☞ Use hand signals to let other riders know of your intentions.
- ☞ Exercise common sense and have a great time!